

MENDOCINO COUNTY AIDS/VIRAL HEPATITIS NETWORK

MCAVHN

P. O. Box 1350, Ukiah, CA 95482 Ph: 462-1932, Fax: 462-2070

Providing services and comfort to people with HIV/AIDS since 1987
MCAVHN's Mission is to care for people affected by AIDS and HEPC and to prevent the spread of these diseases in our County.



August
2011

Earn Your Angel Wings

Dear Friends,

Economically we are all in the same boat. But some are in the bottom of that boat and could use a hand. Often people don't understand MCAVHN's mission and it doesn't feel very "soft and cuddly". But we are asking for your help in continuing that mission and it's expansion over the years. **We are looking for ANGELS like you.**

MCAVHN case manages about 200 individuals in this County who are affected by HIV/AIDS and/or Hepatitis C. Many misunderstand our clients — they have been kept on the very fringes of society—but I assure you these are remarkable people. Yes, some have come to their present circumstances through the need to numb both physical and emotional pain, or because they made poor choices on the road to seeking connection. But does this really matter now? These are folks with families, they belong to your church, they work in your community. Some come to us homeless and we help to find them housing so that they can start the hard journey towards health. We open our ears and our hearts, help them with forms, help ensure they get healthy food, encourage good habits, and assist them to adhere to very challenging medical regimes.

We also run a Syringe Exchange and understand that some may think this abets and condones addiction. We assure you, without question, it helps reduce the incidence of AIDS and HEPC in our community and keeps dangerous used needles off the streets and out of the parks where our loved ones could be hurt. It also brings active users into contact with people who really care and don't judge— often a very first step to recovery. We have several hundred testimonials that will speak to that. We do all this with three part time counselors/case managers and several wonderful volunteers. However, none of our small grants pay for the basics — our part time office manager, our rent, our utilities, our telephones/internet, paper, pens ... Our rent alone is \$12,600. a year. Thankfully, we have recently received a generous anonymous donation to help us buy supplies, and to continue our Harm Reduction program into 2012 and beyond.

So, we are asking (begging) for your help to pay some of these costs. Earn your Angel Wings. Please put a check of any denomination in an envelope and send it. Call your friends, neighbors, families, club members, and urge them to do the same. Perhaps a small group of friends or a family could pay for one month of rent (\$1050.) Last year five wonderful donors helped pay the rent for several months. Or, your group may want to pay a phone bill (approx. \$250. a month since we reduced our service). We have done all possible to reduce costs, cutting staff time to the bone, and all staff volunteering extra hours.

MCAVHN has been serving Mendocino County since 1987. We have nothing to show except the improvement in the lives of those we serve— all our resources are focused on caring for people, and giving those who need it a leg up to becoming more active, creative and giving members of our community.



MCAVHN Board

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- Secretary Claudia Prochter
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Committees

- * Event of the Heart 2012
Liz Popowski

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- Executive Director/ Client Services
Director Libby Guthrie, EdD
- Client Services/Outreach
Coordinator John Weber
- Client Services/Outreach
Bradley Wright
- Office/Operations Manager Janet M. Denninger

MCAVHN drop in Center

148 Clara Avenue
Mailing address;
P. O. Box 1350,
Ukiah CA 95482
Phone: 707 462-1932
Fax: 707 462-2070
janetd@mcavn.org
libbyguthrie@yahoo.com

Our Sponsors and Donors

Major Sponsors

- Blue Drug Pharmacy
- Steve & Claudia Prochter
- Don & Judy Popowski
- Pacheco Mini Storage
- Fernando Velazquez
- Ukiah Valley Medical Center

In Kind Donors

- The Felt Tips
- Bowers Financial Services
- Schat's Courthouse Bakery Café
- Eddie Vedolla, Jr./Vedolla Dance Productions

Angels

- Phyllis Bluestein
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- Margaret Chapman
- John Weber
- The Office (April & John Haines)
- Hafsa Stewart
- Sam & Zoey Fernandez
- Nancy Letterneau



Earn your Angel Wings

MCAVHN takes **Credit Card** donations, thanks to the Savings Bank of Mendocino County. Call MCAVHN at 462-1932, ext. 201

Online donations via **PayPal**.

Visit our website at www.mcavn.org

Mail us a **check**: MCAVHN, P. O Box 1350, Ukiah CA 95482

OR

Volunteer to help or attend one of our Fundraising events:

TOPFEST—September 9, 10 & 11
Tan Oak Park, Legget
A Reggae flavored Music Festival benefiting AIDS service organizations!
Details fafuba.org.
Entrance donation \$10 to \$50.
Friday 3 p.m. to Sunday 12:00 p.m.

Rising Stars Music Competition
Sat. October 1—Ukiah Valley Fairgrounds
Noon to Midnight—enjoy the music of local bands, food, vendors. Proceeds to benefit local Non-profits.
more details —link to www.risingstarscompetition.com

Masquerade Madness
Sat., October 29—6:30 to 10:30 p.m.
Bartlett Hall, 499 Leslie St., Ukiah
Music by The Felt Tips
Prizes for best and most scary costumes
Benefits MCAVHN and The Senior Center

25th Annual Event of the Heart
"If I Only Had A Heart"
Can you believe it, 25 years of the best and most elegant evening of the year? Dress up and join us.
Sat., February 11, 2012
Ukiah Valley Conference Center

Check out our Website
www.mcavn.org



Be the 25th person to like our new **facebook** page and win a free glass of wine or beer redeemable at our Halloween dance or any MCAVHN event booth

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